

## IMPORTANT FREQUENCIES (MHz)

15 - 54:	NAVIGATION BEACONS
5 :	INTERNATIONAL DISTRESS
.54 - 1.6:	AM BROADCAST BAND
1.61:	AIRPORT INFORMATION
1.8 - 2.0:	160 METER AMATEUR BAND
2.3 - 2.498:	120 METER INT. BROADCAST
2.5:	WWV TIME SIGNAL
3.5 - 4.0:	80 METER AMATEUR BAND
5.0:	WWV TIME SIGNAL
5.95 - 6.2:	49 METER INT. BROADCAST
6.2 - 6.525:	MARITIME COMMUNICATIONS
7.0 - 7.3:	40 METER AMATEUR
7.0 - 7.3:	40 METER INT. BROADCAST
9.5 - 9.9:	31 METER INT. BROADCAST
10.0:	WWV TIME SIGNAL
10.1 - 10.15:	30 METER AMATEUR BAND
10.15 - 11.175:	INT. BROADCAST
11.7 - 11.975:	25 METER INT. BROADCAST
14.0 - 14.35:	20 METER AMATEUR BAND
15.0:	WWV TIME SIGNAL
20.0:	WWV TIME SIGNAL
21.0 - 21.45:	15 METER AMATEUR BAND
21.45 - 21.85:	13 METER INT. BROADCAST
24.89 - 24.99:	12 METER AMATEUR BAND
25.67 - 26.1:	11 METER INT. BROADCAST
26.9 - 27.4:	CITIZENS BAND
28.0 - 29.7:	10 METER AMATEUR BAND
49.82 - 49.9:	LOW POWER COMMUNICATIONS
50.0 - 54.0:	6 METER AMATEUR BAND
54.0 - 88.0:	TELEVISION (CH. 2-6)
72.03 - 72.9:	RADIO CONTROL (AIRCRAFT ONLY)
75.43 - 75.87:	RADIO CONTROL
88.0 - 108.0:	FM BROADCAST BAND
88.0 - 108.0:	WIRELESS MICROPHONES
108.0 - 118.0:	AIR NAVIGATION BEACONS
118.0 - 136.0:	AIRCRAFT
153 - 155:	POLICE, FIRE, MUNICIPAL
158 - 159:	POLICE, FIRE, MUNICIPAL
162.4 - 162.55:	NOAA WEATHER
174 - 216:	TELEVISION (CH. 7-13)
470 - 890:	TELEVISION (CH. 14-83)

## TIME CONVERSIONS

UTC	PST	MST	CST	EST	AST
0000	4 PM	5 PM	6 PM	7 PM	8 PM
0100	5 PM	6 PM	7 PM	8 PM	9 PM
0200	6 PM	7 PM	8 PM	9 PM	10 PM
0300	7 PM	8 PM	9 PM	10 PM	11 PM
0400	8 PM	9 PM	10 PM	11 PM	MIDNT
0500	9 PM	10 PM	11 PM	MIDNT	1 AM
0600	10 PM	11 PM	MIDNT	1 AM	2 AM
0700	11 PM	MIDNT	1 AM	2 AM	3 AM
0800	MIDNT	1 AM	2 AM	3 AM	4 AM
0900	1 AM	2 AM	3 AM	4 AM	5 AM
1000	2 AM	3 AM	4 AM	5 AM	6 AM
1100	3 AM	4 AM	5 AM	6 AM	7 AM
1200	4 AM	5 AM	6 AM	7 AM	8 AM
1300	5 AM	6 AM	7 AM	8 AM	9 AM
1400	6 AM	7 AM	8 AM	9 AM	10 AM
1500	7 AM	8 AM	9 AM	10 AM	11 AM
1600	8 AM	9 AM	10 AM	11 AM	12 AM
1700	9 AM	10 AM	11 AM	12 AM	1 PM
1800	10 AM	11 AM	12 AM	1 PM	2 PM
1900	11 AM	12 AM	1 PM	2 PM	3 PM
2000	12 AM	1 PM	2 PM	3 PM	4 PM
2100	1 PM	2 PM	3 PM	4 PM	5 PM
2200	2 PM	3 PM	4 PM	5 PM	6 PM
2300	3 PM	4 PM	5 PM	6 PM	7 PM

UTC - COORDINATED UNIVERSAL TIME  
(GREENWICH MERIDIAN TIME, LONDON)

PST - PACIFIC STANDARD TIME

MST - MOUNTAIN STANDARD TIME

CST - CENTRAL STANDARD TIME

EST - EASTERN STANDARD TIME

AST - ATLANTIC STANDARD TIME

DAYLIGHT SAVINGS TIME - ADD 1 HOUR